

Start	End	Country	Total Days	Riding Days	Distance	Mapsource time (hrs)	Temp Lo-Cel	Temp Hi-Cel	Precipitation-mm
LEG 3									
Bogotá	Medellin	Colombia	1	1	439	04:19:38	7	20	110
Medellin	Sincelejo	Colombia	1	1	476	04:31:17			
Sincelejo	Cartagena de Indias	Colombia	1	1	167	01:37:59	25	30	50
REST DAY		Colombia	1				25	30	50
Cartagena de Indias	Colon	Panama	1		FERRY CROSSING				
		Panama	1		FERRY CROSSING				
		Panama	1		FERRY CROSSING				
Panama City	Las Lajas Beach Resort	Panama	1	1	376	04:04:49			
Las Lajas Beach Resort	Limon	Costa Rica	1	1	369	04:47:53			
Limon	La Fortuna	Costa Rica	1	1	237	02:54:20	25	25	25
REST DAY		Costa Rica	1				25	25	25
La Fortuna	Granada	Nicaragua	1	1	366		25	25	25
		Nicaragua	1	1	98.2 km	01:14:47	25	25	25
REST DAY		Nicaragua	1				25	25	25
Granada	Valle De Angeles	Honduras	1	1	396	04:29:28	25	25	25
Valle De Angeles	Copan Ruinas	Honduras	1	1	431	04:36:28	17	30	50
REST DAY		Honduras	1				17	30	50
Copan Ruinas	Antigua Guatemala	Guatamala	1	1	269	02:52:54			
REST DAY		Guatamala	1						
Antigua Guatemala	Flores	Guatamala	1	1	511	07:06:15			50
REST DAY		Guatamala	1						50
Flores	Belize City	Belize	1	1	219	02:28:34			50
Belize City	Tulum	Mexico	1	1	401	05:49:45			50
REST DAY		Mexico	1						
Tulum	Chichen Itza	Mexico	1	1	216	04:23:01	22	35	50
REST DAY		Mexico	1				22	35	50
Chichen Itza	Uxmal ruins	Mexico	1	1	195	03:07:44	22	35	50
Uxmal ruins	Ciudad Del Carmen	Mexico	1	1	364	05:21:20			
Ciudad Del Carmen	Palenque	Mexico	1	1	315	04:51:36			
REST DAY		Mexico	1						
Palenque	Minatitlán	Mexico	1	1	327	04:38:00			
Minatitlán	Perote	Mexico	1	1	454	05:25:36			
Perote	San Miguel de Allende	Mexico	1	1	474	06:23:56	15	30	25
REST DAY		Mexico	1				15	30	25
San Miguel de Allende	Zacatecas	Mexico	1	1	349	05:41:22	15	30	25
Zacatecas	Mazatlán	Mexico	1	1	600	11:57:45	20	28	0
Mazatlán	La Paz	Mexico	1		FERRY CROSSING		20	28	0
La Paz	Cabo San Lucas	Mexico	1	1	159	02:36:01	20	28	0
REST DAY		Mexico	1				20	28	0
REST DAY		Mexico	1				20	28	0
Cabo San Lucas	Puerto Escondido	Mexico	1	1	485	07:44:53	20	28	0
Puerto Escondido	Guerrero Negro	Mexico	1	1	444	08:01:42			
Guerrero Negro	San Quintin	Mexico	1	1	424	07:17:51			
San Quintin	Los Angeles	USA	1	1	524	07:11:01	15	25	15
REST DAY		USA	1				15	25	15
REST DAY		USA	1				15	25	15
LEG 3 TOTALS			44	28	9987	135:35:55	19.88	28.00	31.00